

AUG 21-22 Holland Middle

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includes assorted fruit & choice of milk available daily.				
Daily Options	Daily Options Monday Tuesday Wednesday Thursday Friday				
Assorted Cereal Bowls, Fruit Parfaits, & Fruit				WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich

	ITALIAN TABLE	ITALIAN TABLE WORLD FLAIR			
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily		
MONDAY	WELCOME BACK!				
TUESDAY	WE ARE LOOKING FORWARD TO	D PROVIDING YOU DELICIOUS AN FOR BREAKFAST & LUNCH!	ID NUTRITIOUS MEALS - JOIN US		
WEDNESDAY TUESDAY	NO COST breakfast & lunch each day. Ala Carte or extra items must be paid with CASH or \$\$ in your account. NO Charging allowed.				
THURSDAY	Oven Roasted Chicken Wings (4) w/ Gochujang Sauce, Waffle WG Buffalo Chicken Pizza Fries, WG Biscuit, Homestyle Baked Beans & Balsamic Roasted Vegetables		WG Chicken Nuggets (5) w/ Garlic Parmesan Twist Breadstick		
FRIDAY	WG Buffalo Chicken Pizza	Walking Taco - Taco Meat or Chicken Fajita, RF Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Bosco Sticks		

Menu subject to change.
This institution is an
equal opportunity
provider.

FRUIT/VEGGIE BAR

Various Options Daily:

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



AUG 25-29 Holland Middle

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includ	des assorted frui	it & choice of mil	k available daily.	
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Early Riser - Stuffed Hash Browns w/ Egg & Cheese, WG Toast	WG Glazed Donut	Dutch Breakfast Crunch Wrap	WG Cinnamon Rolls, Scrambled Eggs & Diced Ham	No School

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	WG Meat & Cheese Stromboli	Hot Dog on WG Bun w/ Toppings (Coney Dog Sauce, Shredded Cheese, Diced Onion, Relish), Homestyle Baked Beans, Corn on the Cob	WG Beef Taco Stick (1)
TUESDAY	WG Meat & Cheese Stromboli	General Tso Chicken w/ Vegetable Fried Rice, Sesame Roasted Broccoli, Vegetable Egg Roll, Fortune Cookie	Hot Honey Chicken Cheddar Sandwich on Croissant
THURSDAY WEDNESDAY	WG Meat & Cheese Stromboli	Kentucky BBQ or Maple Bacon Ribs, American Potato Salad, WG Honey Corn Bread, Seasoned Pinto Beans	WG Chicken Quesadilla
	WG Meat & Cheese Stromboli	Grilled Cheese Sandwich on WG Bread, Chicken Enchilada Soup, Seasoned Curly Fries	Monte Cristo Biscuit Sandwich
FRIDAY		No School	

Menu subject to change. This institution is an equal opportunity provider.

FRUIT/VEGGIE BAR

Various Options Daily:

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



SEPT 1-5 Holland Middle

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includes assorted fruit & choice of milk available daily.				
Daily Options Monday Tuesday Wednesday Thursday Frida				Friday	
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	No School	WG Sausage & Gravy Breakfast Pizza	Casserole w/	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY		No School	
TUESDAY	WG Beef Pepperoni Calzonette (3)	WG Popcorn Chicken in Waffle Cone w/ Dipping Sauce (Sweet & Sour, Honey Mustard, Ranch, BBQ), Waffle Fries, Glazed Baby Carrots	Ham & Cheese Slider
THURSDAY WEDNESDAY	WG Beef Pepperoni Calzonette (3)	Tater Tot Bowl w/ BBQ Pork or Sloppy Joes, Cheese Sauce, Frito Corn Chips, Taco Fiesta Beans, Green Onion & Sour Cream	WG Appetizer Plate w/ Dipping Sauce
THURSDAY	WG Beef Pepperoni Calzonette (3)	Oven Roasted Chicken w/ Dutch Waffle, Fresh Strawberries or Melon, Steamed Broccoli	WG Chicken Nuggets (5) w/ Garlic Parmesan Twist Breadstick
FRIDAY	WG Beef Pepperoni Calzonette (3)	Walking Taco - Taco Meat or Chicken Fajita, Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Bosco Sticks

Menu subject to change.
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FRUIT/VEGGIE BAR

Various Options Daily:

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



SEPT 8-12 Holland Middle

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includ	des assorted frui	t & choice of mil	k available daily.	
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Early Riser - Stuffed Hash Browns w/ Egg & Cheese, WG Toast	WG Glazed Donut	Dutch Breakfast Crunch Wrap	WG Cinnamon Rolls, Scrambled Eggs & Diced Ham	WG Breakfast Pizza

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Mac & Cheese Bar w/ Pulled Pork OR Chix Fajita, Green Onion, Bacon Bits, WG Twist Breadstick, Italian Broccolini	Beef Taco Stick
TUESDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Slow Roasted Pulled Pork on Bun, Green Beans, Seasoned Baby Carrots	Chicken Boom Boom Sandwich
THURSDAY WEDNESDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Beef & Asparagus Rice Bowl, Vegetable Egg Roll, Midori Vegetable Blend	WG Chicken Quesadillas
THURSDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Meatloaf, Scalloped Potatoes, BBQ Green Beans, Glazed Rainbow Carrots, WG Breadstick	Monte Cristo Biscuit Sandwich
FRIDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Taco Salad w/ Fritos, Taco Meat or Chicken Fajita, Lettuce & Tomato, Guacamole, Jalapeno Slices & Sour Cream, Roasted Corn & Black Beans	WG Chicken Nuggets (5) w/ WG Garlic Breadstick

Menu subject to change. This institution is an equal opportunity provider.

FRUIT/VEGGIE BAR

Various Options Daily:

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



SEPT 15-19 Holland Middle

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includes assorted fruit & choice of milk available daily.				
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	WG Sausage, Egg & Cheese Breakfast Bites (2)	WG Sausage & Gravy Breakfast Pizza	Casserole w/	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	WG Buffalo Chicken Pizza	Baked Potato Bar - White or Sweet Potato, Cheese Sauce, Sour cream, Green Onion, Broccoli, Corn & Black Beans, Chili, WG Twisted Breadstick	WG Beef & Bean Burrito
TUESDAY	WG Buffalo Chicken Pizza	Biscuits & Gravy w/ Oven Baked Hashbrowns or Scrambled Egg Casserole w/ WG Biscuit & Hash Brown, Warm Cinnamon Apples	Ham & Cheese Slider
WEDNESDAY	WG Buffalo Chicken Pizza	Teriyaki Beef Dippers w/ Mushroom Fried Rice, Cheesy Breadstick, Parmesan Asparagus, Kyoto Vegetable Blend	WG Appetizer Plate w/ Dipping Sauce
THURSDAY	WG Buffalo Chicken Pizza	Oven Roasted Chicken Wings (4) w/ Gochujang Sauce, Waffle Fries, WG Biscuit, Homestyle Baked Beans & Balsamic Roasted Vegetables	WG Chicken Nuggets (5) w/ Garlic Parmesan Twist Breadstick
FRIDAY	WG Buffalo Chicken Pizza	Walking Taco - Taco Meat or Chicken Fajita, RF Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Bosco Sticks

Menu subject to change.
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FRUIT/VEGGIE BAR

Various Options Daily:

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



SEPT 22-26 Holland Middle

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includ	des assorted frui	t & choice of mil	k available daily.	
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Early Riser - Stuffed Hash Browns w/ Egg & Cheese, WG Toast	WG Glazed Donut	Dutch Breakfast Crunch Wrap	WG Cinnamon Rolls, Scrambled Eggs & Diced Ham	WG Breakfast Pizza

	ITALIAN TABLE WORLD FLAIR		GRILL HOUSE
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	WG Meat & Cheese Stromboli	Hot Dog on WG Bun w/ Toppings (Coney Dog Sauce, Shredded Cheese, Diced Onion, Relish), Homestyle Baked Beans, Corn on the Cob	WG Beef Taco Stick (1)
TUESDAY	WG Meat & Cheese Stromboli	General Tso Chicken w/ Vegetable Fried Rice, Sesame Roasted Broccoli, Vegetable Egg Roll, Fortune Cookie	Hot Honey Chicken Cheddar Sandwich on Croissant
THURSDAY WEDNESDAY	WG Meat & Cheese Stromboli	Kentucky BBQ or Maple Bacon Ribs, American Potato Salad, WG Honey Corn Bread, Seasoned Pinto Beans	WG Chicken Quesadilla
THURSDAY	WG Meat & Cheese Stromboli	Grilled Cheese Sandwich on WG Bread, Chicken Enchilada Soup, Seasoned Curly Fries	Monte Cristo Biscuit Sandwich
FRIDAY	WG Meat & Cheese Stromboli	Walking Taco - Taco Meat & Jalapeno Cheese, Lettuce, Tomato, Sour Cream, Spanish Rice, Taco Fiesta Beans or Refried Beans	WG Chicken Nuggets (5) w/ Garlic Parmesan Breadstick

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FRUIT/VEGGIE BAR

Various Options Daily:

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



SEPT 29 - OCT 3 Holland Middle

BREAKFAST - served daily 7:00-7:30 AM						
Breakfast includes assorted fruit & choice of milk available daily.						
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday	
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	WG Sausage, Egg & Cheese Breakfast Bites (2)	WG Sausage & Gravy Breakfast Pizza	Breakfast Casserole w/ WG Biscuit	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich	

	ITALIAN TABLE	WORLD FLAIR	IR GRILL HOUSE	
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily	
MONDAY	WG Beef Pepperoni Calzonette (3)	Cheesy Lasagna w/ Meat Sauce or Cheesy Tortellini w/ Alfredo Sauce, Steamed Mixed Vegetables, Seasoned Green Beans, WWTwist Breadstick	WG Beef & Bean Burrito	
TUESDAY	WG Beef Pepperoni Calzonette (3)	WG Popcorn Chicken in Waffle Cone w/ Dipping Sauce (Sweet & Sour, Honey Mustard, Ranch, BBQ), Waffle Fries, Glazed Baby Carrots	Ham & Cheese Slider	
THURSDAY WEDNESDAY	WG Beef Pepperoni Calzonette (3)	Tater Tot Bowl w/ BBQ Pork or Sloppy Joes, Cheese Sauce, Frito Corn Chips, Taco Fiesta Beans, Green Onion & Sour Cream	WG Appetizer Plate w/ Dipping Sauce	
THURSDAY	WG Beef Pepperoni Calzonette (3)	Oven Roasted Chicken w/ Dutch Waffle, Fresh Strawberries or Melon, Steamed Broccoli	WG Chicken Nuggets (5) w/ Garlic Parmesan Twist Breadstick	
FRIDAY	WG Beef Pepperoni Calzonette (3)	Walking Taco - Taco Meat or Chicken Fajita, Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Bosco Sticks	

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FRUIT/VEGGIE BAR

Various Options Daily:

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola