

# **JAN 5-9 Holland Middle**

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includes assorted fruit & choice of milk available daily.				
<b>Daily Options</b>	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	WG Sausage, Egg & Cheese Breakfast Bites (2)	WG Sausage & Gravy Breakfast Pizza	Breakfast Casserole w/ WG Biscuit	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich

	ITALIAN TABLE WORLD FLAIR		GRILL HOUSE
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	WG Beef Pepperoni Calzonette (3)	Cheesy Lasagna w/ Meat Sauce or Cheesy Tortellini w/ Alfredo Sauce, Steamed Mixed Vegetables, Seasoned Green Beans, WWTwist Breadstick	WG Beef & Bean Burrito
TUESDAY	WG Beef Pepperoni Calzonette (3)	WG Popcorn Chicken in Waffle Cone w/ Dipping Sauce (Sweet & Sour, Honey Mustard, Ranch, BBQ), Waffle Fries, Glazed Baby Carrots	Ham & Cheese Slider
THURSDAY WEDNESDAY	WG Beef Pepperoni Calzonette (3)	Tater Tot Bowl w/ BBQ Pork or Sloppy Joes, Cheese Sauce, Frito Corn Chips, Taco Fiesta Beans, Green Onion & Sour Cream	WG Appetizer Plate w/ Dipping Sauce
THURSDAY	WG Beef Pepperoni Calzonette (3)	Oven Roasted Chicken w/ Dutch Waffle, Fresh Strawberries or Melon, Steamed Broccoli	WG Chicken Nuggets (5) w/ Garlic Parmesan Twist Breadstick
FRIDAY	WG Beef Pepperoni Calzonette (3)	Walking Taco - Taco Meat or Chicken Fajita, Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Bosco Sticks

Menu subject to change. This institution is an equal opportunity provider.

### FRUIT/VEGGIE BAR

#### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

## **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **JAN 12-16 Holland Middle**

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includes assorted fruit & choice of milk available daily.				
Daily Options Monday Tuesday Wednesday Thursday Friday					Friday
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Early Riser - Stuffed Hash Browns w/ Egg & Cheese, WG Toast	WG Glazed Donut	Dutch Breakfast Crunch Wrap	WG Cinnamon Rolls, Scrambled Eggs & Diced Ham	WG Breakfast Pizza

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Mac & Cheese Bar w/ Pulled Pork OR Chix Fajita, Green Onion, Bacon Bits, WG Twist Breadstick, Italian Broccolini	Beef Taco Stick
TUESDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Slow Roasted Pulled Pork on Bun, Green Beans, Seasoned Baby Carrots	Chicken Boom Boom Sandwich
THURSDAY WEDNESDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Beef & Asparagus Rice Bowl, Vegetable Egg Roll, Midori Vegetable Blend	WG Chicken Quesadillas
THURSDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Meatloaf, Scalloped Potatoes, BBQ Green Beans, Glazed Rainbow Carrots, WG Breadstick	Monte Cristo Biscuit Sandwich
FRIDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Taco Salad w/ Fritos, Taco Meat or Chicken Fajita, Lettuce & Tomato, Guacamole, Jalapeno Slices & Sour Cream, Roasted Corn & Black Beans	WG Chicken Nuggets (5) w/ WG Garlic Breadstick

Menu subject to change. This institution is an equal opportunity provider.

### FRUIT/VEGGIE BAR

# **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **JAN 19-23 Holland Middle**

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includes assorted fruit & choice of milk available daily.				
Daily Options Monday Tuesday Wednesday Thursday Friday				Friday	
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	NO SCHOOL	WG Sausage & Gravy Breakfast Pizza	Breakfast Casserole w/ WG Biscuit	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE	
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily	
MONDAY		NO SCHOOL		
TUESDAY	WG Buffalo Chicken Pizza	Biscuits & Gravy w/ Oven Baked Hashbrowns or Scrambled Egg Casserole w/ WG Biscuit & Hash Brown, Warm Cinnamon Apples	Ham & Cheese Slider	
WEDNESDAY	WG Buffalo Chicken Pizza	Teriyaki Beef Dippers w/ Mushroom Fried Rice, Cheesy Breadstick, Parmesan Asparagus, Kyoto Vegetable Blend	WG Appetizer Plate w/ Dipping Sauce	
THURSDAY	WG Buffalo Chicken Pizza	Oven Roasted Chicken Wings (4) w/ Gochujang Sauce, Waffle Fries, WG Biscuit, Homestyle Baked Beans & Balsamic Roasted Vegetables	WG Chicken Nuggets (5) w/ Garlic Parmesan Twist Breadstick	
FRIDAY	WG Buffalo Chicken Pizza	Walking Taco - Taco Meat or Chicken Fajita, RF Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Bosco Sticks	

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#### FRUIT/VEGGIE BAR

### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

# **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **JAN 26-30 Holland Middle**

BREAKFAST - served daily 7:00-7:30 AM					
	Breakfast includes assorted fruit & choice of milk available daily.				
<b>Daily Options</b>	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Early Riser - Stuffed Hash Browns w/ Egg & Cheese, WG Toast	WG Glazed Donut	Dutch Breakfast Crunch Wrap	WG Cinnamon Rolls, Scrambled Eggs & Diced Ham	WG Breakfast Pizza

	ITALIAN TABLE WORLD FLAIR		GRILL HOUSE
DAILY	WG Cheese Pizza or Pepperoni Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	WG Meat & Cheese Stromboli	Hot Dog on WG Bun w/ Toppings (Coney Dog Sauce, Shredded Cheese, Diced Onion, Relish), Homestyle Baked Beans, Corn on the Cob	WG Beef Taco Stick (1)
TUESDAY	WG Meat & Cheese Stromboli	General Tso Chicken w/ Vegetable Fried Rice, Sesame Roasted Broccoli, Vegetable Egg Roll, Fortune Cookie	Hot Honey Chicken Cheddar Sandwich on Croissant
THURSDAY WEDNESDAY	WG Meat & Cheese Stromboli	Kentucky BBQ or Maple Bacon Ribs, American Potato Salad, WG Honey Corn Bread, Seasoned Pinto Beans	WG Chicken Quesadilla
THURSDAY	WG Meat & Cheese Stromboli	Grilled Cheese Sandwich on WG Bread, Chicken Enchilada Soup, Seasoned Curly Fries	Monte Cristo Biscuit Sandwich
FRIDAY	WG Meat & Cheese Stromboli	Walking Taco - Taco Meat & Jalapeno Cheese, Lettuce, Tomato, Sour Cream, Spanish Rice, Taco Fiesta Beans or Refried Beans	WG Chicken Nuggets (5) w/ Garlic Parmesan Breadstick

Menu subject to change. This institution is an equal opportunity provider.

### FRUIT/VEGGIE BAR

#### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

M/W/F = Chef Salad w/ Diced Ham & WG Croutons T/Th = Tossed Salad w/ WG Flatbread

Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola