

# **JAN 5-9 Holland High**

BREAKFAST Daily from 7:15-7:45 AM						
Breakfast i	Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F.					
<b>Daily Options</b>	Daily Options Monday Tuesday Wednesday Thursday Friday					
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	WG Sausage, Egg & Cheese Breakfast Bites (2)	WG Sausage & Gravy Breakfast Pizza	Breakfast Bites	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich	

	ITALIAN TABLE WORLD FLAIR		GRILL HOUSE	
DAILY	Wood Grill Crust Pepperoni or Cheese Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily	
MONDAY	Sausage Personal Pizza	Cheesy Lasagna w/ Meat Sauce or Cheesy Tortellini w/ Alfredo Sauce, Steamed Mixed Vegetables, Seasoned Green Beans, WWTwist Breadstick	WG Appetizer Plate w/ Dipping Sauce	
TUESDAY	Italian Style Stromboli	WG Popcorn Chicken in Waffle Cone w/ Dipping Sauce (Sweet & Sour, Honey Mustard, Ranch, BBQ), Waffle Fries, Glazed Baby Carrots	WG Fish Fillet w/ Cheese	
THURSDAY WEDNESDAY	Dutch Dog (Oven Roasted Brat wrapped in WG Pizza Dough)	Tater Tot Bowl w/ BBQ Pork or Sloppy Joes, Cheese Sauce, Frito Corn Chips, Taco Fiesta Beans, Green Onion & Sour Cream	Bosco Cheese Breadstick w/ Marinara Sauce	
THURSDAY	Italian Style Stromboli	Oven Roasted Chicken w/ Dutch Waffle, Fresh Strawberries or Melon, Steamed Broccoli	Savory Popcorn Chicken Bowl	
FRIDAY	Fresh Veggie Personal Pizza	Walking Taco - Taco Meat or Chicken Fajita, Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Chicken Tenders (3) w/ WG Bread	

Menu subject to change. This institution is an equal opportunity provider.

## FRUIT/VEGGIE BAR

### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **JAN 12-16 Holland High**

BREAKFAST Daily from 7:15-7:45 AM					
Breakfast i	ncludes assorted	fruit & choice o	f milk daily. 1009	6 fruit juice availն	able M/W/F.
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Early Riser - Stuffed Hash Browns w/ Egg & Cheese, WG Toast	WG Glazed Donut	Dutch Breakfast Crunch Wrap	WG Cinnamon Rolls, Scrambled Eggs & Diced Ham	WG Breakfast Pizza

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE	
DAILY	Wood Grill Crust Pepperoni or Cheese Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily	
MONDAY	Sausage Personal Pizza	Mac & Cheese Bar w/ Pulled Pork OR Chix Fajita, Green Onion, Bacon Bits, WG Twist Breadstick, Italian Broccolini	Beef Taco Stick	
TUESDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Slow Roasted Pulled Pork on Bun or Pulled Chicken, Green Beans, Seasoned Baby Carrots	Chicken Boom Boom Sandwich	
THURSDAY WEDNESDAY	Supreme Personal Pizza	Burger Bar - Hamburger on WG Bun, Toppings: Sliced Cheese, Tomato, Lettuce, Onion, Olives, Jalapeno, Oven Baked Fries	WG Chicken Quesadillas	
THURSDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Meatloaf, Scalloped Potatoes, BBQ Green Beans, Glazed Rainbow Carrots, WG Breadstick	Monte Cristo Biscuit Sandwich	
FRIDAY	Meat Lovers Personal Pizza	Taco Salad w/ Fritos, Taco Meat or Chicken Fajita, Lettuce & Tomato, Guacamole, Jalapeno Slices & Sour Cream, Roasted Corn & Black Beans	WG Chicken Nuggets (5) w/ WG Garlic Breadstick	

Menu subject to change. This institution is an equal opportunity provider.

### FRUIT/VEGGIE BAR

## **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **JAN 19-23 Holland High**

BREAKFAST Daily from 7:15-7:45 AM						
Breakfast ir	Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F.					
<b>Daily Options</b>	Daily Options Monday Tuesday Wednesday Thursday Friday					
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	No School	WG Sausage & Gravy Breakfast Pizza	Breakfast Bites	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich	

	ITALIAN TABLE	ITALIAN TABLE WORLD FLAIR	
DAILY	Wood Grill Crust Pepperoni or Cheese Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY		NO SCHOOL	
TUESDAY	ltalian Style Stromboli	Biscuits & Gravy w/ Oven Baked Hashbrowns or Scrambled Egg Casserole w/ WG Biscuit & Hash Brown, Warm Cinnamon Apples	Ham & Cheese Slider
WEDNESDAY	Sausage Personal Pizza	Meatballs & Mashed Pottaoes, Cheesy Breadstick, Parmesan Asparagus, Vegetable Blend	WG Been & Bean Burrito
THURSDAY	Italian Style Stromboli	Oven Roasted Chicken Wings (4) w/ Gochujang Sauce, Waffle Fries, WG Biscuit, Homestyle Baked Beans & Balsamic Roasted Vegetables	WG Chicken Nuggets (5) w/ Garlic Parmesan Twist Breadstick
FRIDAY	Spicy Chicken Bacon Ranch Personal Pizza	Walking Taco - Taco Meat or Chicken Fajita, RF Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Bosco Sticks

Menu subject to change. This institution is an equal opportunity provider.

### FRUIT/VEGGIE BAR

### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **JAN 26-30 Holland High**

BREAKFAST Daily from 7:15-7:45 AM					
Breakfast i	ncludes assorted	l fruit & choice o	f milk daily. 100%	6 fruit juice avail	able M/W/F.
Daily Options	Daily Options Monday Tuesday Wednesday Thursday Friday				
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Early Riser - Stuffed Hash Browns w/ Egg & Cheese, WG Toast	WG Glazed Donut	Dutch Breakfast Crunch Wrap	WG Cinnamon Rolls, Scrambled Eggs & Diced Ham	WG Breakfast Pizza

	ITALIAN TABLE WORLD FLAIR		GRILL HOUSE	
DAILY	Wood Grill Crust Pepperoni or Cheese Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily	
MONDAY	Supreme Personal Pizza	WG Pork Patty or WG Homestyle Chicken Breast, Mashed Potatoes w/ Gravy, Seasoned Green Beans, Corn on the Cob	WG Beef Taco Stick (1)	
TUESDAY	Pepperoni Pizza Roll-up w/ Marinara Sauce	General Tso Chicken w/ Vegetable Fried Rice, Sesame Roasted Broccoli, Vegetable Egg Roll, Fortune Cookie	Hot Honey Chicken Cheddar Sandwich on Croissant	
THURSDAY WEDNESDAY	ltalian Style Stromboli	Kentucky BBQ or Maple Bacon Ribs, American Potato Salad, WG Honey Corn Bread, Seasoned Pinto Beans	WG Chicken Quesadilla	
THURSDAY	Pepperoni Pizza Roll-up w/ Marinara Sauce	Grilled Cheese Sandwich on WG Bread, Chicken Enchilada Soup, Seasoned Curly Fries	Monte Cristo Sliders	
FRIDAY	Meat Lovers Personal Pizza	Taco Bowl - Taco Meat or Chicken Fajita, Cilantro Rice, Black Beans & Corn Salsa, Pico, Cheese, Sour Cream	WG Chicken Nuggets (5) w/ WG Garlic Breadstick	

Menu subject to change. This institution is an equal opportunity provider.

### FRUIT/VEGGIE BAR

### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola