


SEPTEMBER | 2025



HPS Preschool-5th Grade Breakfast & Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School  LABOR DAY	2 Breakfast: Sausage Breakfast Bites, 🍏 Blueberries Lunch A: Beef Dippers, Mushroom Fried Rice, Seasoned Broccoli, Pineapple Tidbits Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Crisps, Celery Snacks & Ranch, Craisins	3 Breakfast: WG Waffle, Diced Pears Lunch A: WW 3 Cheese Calzone, Glazed Carrots, Fresh Melon Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Crisps, Celery Snacks & Ranch, Craisins	4 Breakfast: WG Breakfast Sandwich, Strawberry Cup Lunch A: WG Chicken Drumstick, Waffle, 🍏 Zucchini, Fresh Pineapple Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Crisps, Celery Snacks & Ranch, Craisins	5 Breakfast: Breakfast Pizza, Banana Lunch A: Potato Wedge Nachos, WG Tortilla Chips, 🍏 Seasoned Black Beans, Mixed Fruit Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Crisps, Celery Snacks & Ranch, Craisins
8 Breakfast: Egg & Cheese Croissant, 🍏 Apple Lunch A: WG Chicken Nuggets, WG Biscuit, 🍏 Three Bean Salad, Fresh Pear Lunch B: Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce	9 Breakfast: WG Maple Pancakes, 🍏 Blueberries Lunch A: WG Rotini w/ Meat Sauce, WG Dinner Roll, Mixed Vegetables, Pineapple Tidbits Lunch B: Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce	10 Breakfast: Breakfast Burrito, Applesauce Cup Lunch A: WG Cheese Pizza, Roasted Broccoli, Fresh Melon Lunch B: Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce	11 Breakfast: WG French Toast w/ Sausage Link, Strawberry Cup Lunch A: Southwest Rice Bowl, Salsa Cup, Tropical Fruit Lunch B: Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce	12 Breakfast: Breakfast Pizza, Banana Lunch A: Chili Cheese Hot Dog, Mexican Street Corn Bites, Mixed Fruit Lunch B: Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce
15 Breakfast: Chicken Sausage Biscuit, 🍏 Apple Lunch A: Cheeseburger on WG Bun, Homestyle Baked Beans, Fresh Orange Lunch B: Turkey Ham & Cheese on WG Croissant, Carrot Snacks w/ Ranch, 🍏 Apple Slices	16 Breakfast: Sausage Breakfast Bites, 🍏 Blueberries Lunch A: WG Turkey Corn Dog, Roasted Broccoli, Pineapple Tidbits Lunch B: Turkey Ham & Cheese on WG Croissant, Carrot Snacks w/ Ranch, 🍏 Apple Slices	17 Breakfast: WG Waffle, Diced Pears Lunch A: WG Pepperoni Pizza, Seasoned Carrots, Fresh Melon Lunch B: Turkey Ham & Cheese on WG Croissant, Carrot Snacks w/ Ranch, 🍏 Apple Slices	18 Breakfast: WG Breakfast Sandwich, Strawberry Cup Lunch A: Beef Ravioli w/ Meat Sauce, Steamed Green Beans, WG Twisted Breadstick, 🍏 Peaches Lunch B: Turkey Ham & Cheese on WG Croissant, Carrot Snacks w/ Ranch, 🍏 Apple Slices	19 Breakfast: Breakfast Pizza, Banana Lunch A: Hawaiian Meatball WG Woodle Bowl, Stirfry Vegetables, Mixed Fruit Lunch B: Turkey Ham & Cheese on WG Croissant, Carrot Snacks w/ Ranch, 🍏 Apple Slices
22 Breakfast: Egg & Cheese Croissant, 🍏 Apple Lunch A: WG Chicken Patty on WG Bun, Seasoned Peas, Fresh Pear Lunch B: Hard Cooked Eggs, String Cheese, WG Crackers, Broccoli Snacks & Ranch, 🍏 Apple	23 Breakfast: WG Maple Pancakes, 🍏 Blueberries Lunch A: Tangerine Chicken over Fried Rice, Oriental Vegetables, Pineapple Tidbits Lunch B: Hard Cooked Eggs, String Cheese, WG Crackers, Broccoli Snacks & Ranch, 🍏 Apple	24 Breakfast: Breakfast Burrito, Applesauce Cup Lunch A: Grilled Cheese, Seasoned Corn, Diced Peaches Lunch B: Hard Cooked Eggs, String Cheese, WG Crackers, Broccoli Snacks & Ranch, 🍏 Apple	25 Breakfast: WG French Toast w/ Sausage Link, Strawberry Cup Lunch A: Max Stuffed Breadstick, Marinara Sauce, Diced Pears Lunch B: Hard Cooked Eggs, String Cheese, WG Crackers, Broccoli Snacks & Ranch, 🍏 Apple	26 Breakfast: Breakfast Pizza, Banana Lunch A: Walking Taco w/ RF Doritos, Refried Beans, Mixed Fruit Lunch B: Hard Cooked Eggs, String Cheese, WG Crackers, Broccoli Snacks & Ranch, 🍏 Apple
29 Breakfast: Chicken Sausage Biscuit, 🍏 Apple Lunch A: Sloppy Joe on WG Bun, Potato Salad, Fresh Orange Wedges Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Crisps, Celery Snacks & Ranch, Craisins	30 Breakfast: Sausage Breakfast Bites, 🍏 Blueberries Lunch A: Beef Dippers, Mushroom Fried Rice, Seasoned Broccoli, Pineapple Tidbits Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Crisps, Celery Snacks & Ranch, Craisins	1 Breakfast: WG Waffle, Diced Pears Lunch A: WW 3 Cheese Calzone, Glazed Carrots, Fresh Melon Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Crisps, Celery Snacks & Ranch, Craisins	2 Breakfast: WG Breakfast Sandwich, Strawberry Cup Lunch A: WG Chicken Drumstick, Waffle, 🍏 Zucchini, Fresh Pineapple Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Crisps, Celery Snacks & Ranch, Craisins	3 Breakfast: Breakfast Pizza, Banana Lunch A: Potato Wedge Nachos, WG Tortilla Chips, 🍏 Seasoned Black Beans, Mixed Fruit Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Crisps, Celery Snacks & Ranch, Craisins

Nutrition News

Parents – be sure you have completed the Education Benefit Fund which helps keeps important funding for all HPS students
holland.familyportal.cloud
 (choose apply for benefit)

Menu subject to change without notice due to product availability. This institution is an equal opportunity provider.

Breakfast Options: Assorted Cereal Bowls, Assorted Yogurt Parfaits

🍏 = Michigan Grown Produce

Breakfast Served Daily in Each School Cafeteria:

HLA & Heights 7:45 to 8:10 AM
 Jeff. & West 8:00 to 8:25 AM

Meals proudly brought to you by



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