No Cost Breakfast & Lunch for ALL Students! 1 Breakfast & 1 Lunch Daily Milk only \$.75 cash or \$ in student account. NO Charging allowed!

# OCTOBER 2025

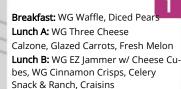
HPS Preschool-5<sup>th</sup> Grade **Breakfast & Lunch Menu**  Menu subject to change without notice due to product availability. This institution is an equal opportunity provider.

#### Monday

## Tuesday

#### Wednesday

### **Thursday**



Breakfast: WG Breakfast Sandwich, Strawberry Cup Lunch A: WG Chicken Drumstick, Waffle, Zucchini, Fresh Pineapple Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps,

Celery Snack & Ranch, Craisins

Lunch A: Southwest Chicken Rice Bowl, Street Corn Bites, Mixed Fruit Lunch B: Hummus Cup, Sun Chips, Blue Raspberry Applesauce

Breakfast: Breakfast Burrito, Breakfast: WG French Toast w/ Applesauce Cup Sausage Link, Strawberry Cup Lunch A: WG Cheese Pizza, Roasted Broccoli, Fresh Melon Salsa Cup, Tropical Fruit Lunch B: Hummus Cup, Sun Chips, Lunch B: Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce Blue Raspberry Applesauce

> Breakfast: WG Breakfast Sandwich, Strawberry Cup Lunch A: NSLW Italian Cuisine -

Spaghetti & Meatballs Lunch B: Turkey Ham & Cheese on WG Croissant, Carrot Snacks & Ranch,

Apple Slices

Breakfast: WG French Toast w/ Sausage Link, Strawberry Cup

No Lunch 1/2 Day

## **Friday**

3 Breakfast: Breakfast Pizza Lunch A: Potato Wedge Nachos, WG Tortilla Chips, Seasoned Black Beans, Mixed Fruit Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

Breakfast: Breakfast Pizza, Banana Lunch A: Chili Cheese Hot Dog, Mexican String Cheese, Tomato Snacks w/ Ranch,

Breakfast: Breakfast Pizza, Banana Lunch A: NSLW Mexican Cuisine Loaded Chicken Fajita Rice Bowl Lunch B: Turkey Ham & Cheese on WG Croissant, Carrot Snacks & Ranch,

Apple Slices

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24

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No School

taste the world: Your school Lunch passport!

National School Lunch Week | October 13-17, 2025

Breakfast: Egg & Cheese Croissant, Apple Lunch A: WG Chicken Nuggets, WG Biscuit, Three Bean Salad, Fresh Pear Lunch B: Hummus Cup, Sun Chips,

String Cheese, Tomato Snacks w/ Ranch,

Breakfast: Chicken Sausage Biscuit

Lunch A: NSLW American Cuisine - All

Lunch B: Turkey Ham & Cheese on WG

Lunch A: WG Chicken Patty on WG Bun.

Cheese, WG Crackers, Broccoli Snack &

Croissant, Carrot Snacks & Ranch,

Blue Raspberry Applesauce

**American Cheeseburger** 

Breakfast: Egg & Cheese

Seasoned Peas. Fresh Pear

Lunch B: Hard Cooked Egg, String

Croissant, Apple

Apple Slices

M Apple

Breakfast: WG Maple Pancakes,

Blueberries

Lunch A: WG Rotini w/ Meat Sauce, WG Dinner Roll, Mixed Vegetables, Pineapple Tidbits Lunch B: Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce

Lunch B: Turkey Ham & Cheese on WG

**Lunch A:** Tangerine Chicken over Fried

Rice, Oriental Vegetables, Pineapple

Tidbits Lunch B: Hard Cooked Egg,

String Cheese, WG Crackers, Broccoli

Snack & Ranch Apple

Croissant, Carrot Snacks & Ranch,

Breakfast: WG Maple Pancakes,

Apple Slices

Blueberries

Breakfast: Sausage Breakfast Bites, Breakfast: WG Waffle, Diced Pears Blueberries Lunch A: NSLW Central American Lunch A: NSLW Asian Cuisine - Japanese Cuisine - Bean & Cheese Pupusas **Cherry Blossom Chicken** 

Lunch B: Turkey Ham & Cheese on WG Croissant, Carrot Snacks & Ranch,

Apple Slices

Breakfast: Breakfast Burrito. Applesauce Cup

Lunch A: Grilled Cheese, Seasoned Corn. Diced Peaches,

Lunch B: Hard Cooked Egg, String Cheese, WG Crackers, Broccoli Snack & Ranch Apple

Lunch A: WG Three Cheese

Breakfast: Sausage Breakfast Bites

Lunch A: Beef Dippers, Mushroom Fried Rice, Seasoned Broccoli, Pineapple Tidbits Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

Breakfast: WG Waffle, Diced Pears Calzone, Glazed Carrots, Fresh Melon Zucchini, Fresh Pineapple Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack

Breakfast: WG Breakfast Sandwich, Strawberry Cup

Lunch A: WG Chicken Drumstick, Waffle,

**Lunch B:** WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps,

Lunch A: Potato Wedge Nachos, WG

Lunch B: WG EZ Jammer w/ Cheese

Celery Snack & Ranch, Craisins

Cubes, WG Cinnamon Crisps,

Tortilla Chips, 🗑 Seasoned Black

Breakfast: Breakfast Pizza

Beans, Mixed Fruit

Breakfast: Chicken Sausage Biscuit Blueberries

Ranch Apple

Lunch A: Sloppy Joe on WG Bun, Potato Salad, Fresh Orange Wedges

Lunch B: WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

& Ranch, Craisins Celery Snack & Ranch, Craisins

Michigan Grown product

Choice of Milk with Breakfast & Lunch

M Apple

Daily Breakfast Option: Cereal Bowls & Assorted Yogurt Parfaits

NUTRITION SERVICES 616.494.2245

HOLLAND

Breakfast Served in each school cafeteria: HLA & Heights - 7:45 to 8:10 AM lefferson & West - 8:00 to 8:25 AM