

No Cost Breakfast & Lunch for ALL Students!  
 1 Breakfast & 1 Lunch Daily  
 Milk only \$.75 cash or \$ in student account.  
 NO Charging allowed!

# OCTOBER 2025

## HPS Preschool-5<sup>th</sup> Grade

### Breakfast & Lunch Menu

Menu subject to change without notice  
 due to product availability. This institution  
 is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday



**taste the world:**  
**your school lunch passport!**  
 National School Lunch Week | October 13-17, 2025

**Breakfast:** Egg & Cheese  
 Croissant, 🍏 Apple  
**Lunch A:** WG Chicken Nuggets, WG Biscuit, 🥥 Three Bean Salad, Fresh Pear  
**Lunch B:** Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce

**Breakfast:** Chicken Sausage Biscuit, 🍏 Apple  
**Lunch A:** **NSLW American Cuisine – All American Cheeseburger**  
**Lunch B:** Turkey Ham & Cheese on WG Croissant, Carrot Snacks & Ranch, 🍏 Apple Slices

**Breakfast:** Egg & Cheese  
 Croissant, 🍏 Apple  
**Lunch A:** WG Chicken Patty on WG Bun, Seasoned Peas, Fresh Pear  
**Lunch B:** Hard Cooked Egg, String Cheese, WG Crackers, Broccoli Snack & Ranch 🍏 Apple

**Breakfast:** Chicken Sausage Biscuit, 🍏 Apple  
**Lunch A:** Sloppy Joe on WG Bun, Potato Salad, Fresh Orange Wedges  
**Lunch B:** WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

**Breakfast:** WG Maple Pancakes, 🍏 Blueberries  
**Lunch A:** WG Rotini w/ Meat Sauce, WG Dinner Roll, Mixed Vegetables, Pineapple Tidbits  
**Lunch B:** Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce

**Breakfast:** Sausage Breakfast Bites, 🍏 Blueberries  
**Lunch A:** **NSLW Asian Cuisine – Japanese Cherry Blossom Chicken**  
**Lunch B:** Turkey Ham & Cheese on WG Croissant, Carrot Snacks & Ranch, 🍏 Apple Slices

**Breakfast:** WG Maple Pancakes, 🍏 Blueberries  
**Lunch A:** Tangerine Chicken over Fried Rice, Oriental Vegetables, Pineapple Tidbits  
**Lunch B:** Hard Cooked Egg, String Cheese, WG Crackers, Broccoli Snack & Ranch 🍏 Apple

**Breakfast:** Sausage Breakfast Bites, 🍏 Blueberries  
**Lunch A:** Beef Dippers, Mushroom Fried Rice, Seasoned Broccoli, Pineapple Tidbits  
**Lunch B:** WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

**Breakfast:** WG Waffle, Diced Pears  
**Lunch A:** WG Three Cheese Calzone, Glazed Carrots, Fresh Melon  
**Lunch B:** WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

**Breakfast:** Breakfast Burrito, Applesauce Cup  
**Lunch A:** WG Cheese Pizza, Roasted Broccoli, Fresh Melon  
**Lunch B:** Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce

**Breakfast:** WG Waffle, Diced Pears  
**Lunch A:** **NSLW Central American Cuisine – Bean & Cheese Pupusas**  
**Lunch B:** Turkey Ham & Cheese on WG Croissant, Carrot Snacks & Ranch, 🍏 Apple Slices

**Breakfast:** Breakfast Burrito, Applesauce Cup  
**Lunch A:** Grilled Cheese, Seasoned Corn, Diced Peaches,  
**Lunch B:** Hard Cooked Egg, String Cheese, WG Crackers, Broccoli Snack & Ranch 🍏 Apple

**Breakfast:** WG Waffle, Diced Pears  
**Lunch A:** WG Three Cheese Calzone, Glazed Carrots, Fresh Melon  
**Lunch B:** WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

**Breakfast:** WG Breakfast Sandwich, Strawberry Cup  
**Lunch A:** WG Chicken Drumstick, Waffle, 🥥 Zucchini, Fresh Pineapple  
**Lunch B:** WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

**Breakfast:** WG French Toast w/ Sausage Link, Strawberry Cup  
**Lunch A:** Southwest Chicken Rice Bowl, Salsa Cup, Tropical Fruit  
**Lunch B:** Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce

**Breakfast:** WG Breakfast Sandwich, Strawberry Cup  
**Lunch A:** **NSLW Italian Cuisine – Spaghetti & Meatballs**  
**Lunch B:** Turkey Ham & Cheese on WG Croissant, Carrot Snacks & Ranch, 🍏 Apple Slices

**Breakfast:** WG French Toast w/ Sausage Link, Strawberry Cup  
**No Lunch**  
**½ Day**

**Breakfast:** WG Breakfast Sandwich, Strawberry Cup  
**Lunch A:** WG Chicken Drumstick, Waffle, 🥥 Zucchini, Fresh Pineapple  
**Lunch B:** WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

**Breakfast:** Breakfast Pizza  
**Lunch A:** Potato Wedge Nachos, WG Tortilla Chips, 🥥 Seasoned Black Beans, Mixed Fruit  
**Lunch B:** WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

**Breakfast:** Breakfast Pizza, Banana  
**Lunch A:** Chili Cheese Hot Dog, Mexican Street Corn Bites, Mixed Fruit  
**Lunch B:** Hummus Cup, Sun Chips, String Cheese, Tomato Snacks w/ Ranch, Blue Raspberry Applesauce

**Breakfast:** Breakfast Pizza, Banana  
**Lunch A:** **NSLW Mexican Cuisine – Loaded Chicken Fajita Rice Bowl**  
**Lunch B:** Turkey Ham & Cheese on WG Croissant, Carrot Snacks & Ranch, 🍏 Apple Slices

**No School**

**Breakfast:** Breakfast Pizza  
**Lunch A:** Potato Wedge Nachos, WG Tortilla Chips, 🥥 Seasoned Black Beans, Mixed Fruit  
**Lunch B:** WG EZ Jammer w/ Cheese Cubes, WG Cinnamon Crisps, Celery Snack & Ranch, Craisins

Breakfast Served in each school cafeteria:  
 HLA & Heights – 7:45 to 8:10 AM  
 Jefferson & West – 8:00 to 8:25 AM

Daily Breakfast Option: Cereal Bowls & Assorted Yogurt Parfaits  
 🥥 Michigan Grown product  
 🥛 Choice of Milk with Breakfast & Lunch



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