

# **SEPT 29 - OCT 3 Holland High**

	BREAKFAST Daily from 7:15-7:45 AM						
Breakfast inc	Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F.						
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday		
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	WG Sausage, Egg & Cheese Breakfast Bites (2)	WG Sausage & Gravy Breakfast Pizza	Sausage Breakfast Bites (2)	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich		

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	Wood Grill Crust Pepperoni or Cheese Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	Sausage Personal Pizza	Cheesy Lasagna w/ Meat Sauce or Cheesy Tortellini w/ Alfredo Sauce, Steamed Mixed Vegetables, Seasoned Green Beans, WWTwist Breadstick	Bosco Cheese Breadstick w/ Marinara Sauce
TUESDAY	Italian Style Stromboli	WG Popcorn Chicken in Waffle Cone w/ Dipping Sauce (Sweet & Sour, Honey Mustard, Ranch, BBQ), Waffle Fries, Glazed Baby Carrots	WG Fish Fillet w/ Cheese
WEDNESDAY	Dutch Dog (Oven Roasted Brat wrapped in WG Pizza Dough)	Tater Tot Bowl w/ BBQ Pork or Sloppy Joes, Cheese Sauce, Frito Corn Chips, Taco Fiesta Beans, Green Onion & Sour Cream	WG Appetizer Plate w/ Dipping Sauce
THURSDAY	Italian Style Stromboli	Oven Roasted Chicken w/ Dutch Waffle, Fresh Strawberries or Melon, Steamed Broccoli	Savory Popcorn Chicken Bowl
FRIDAY	Fresh Veggie Personal Pizza	Walking Taco - Taco Meat or Chicken Fajita, Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Chicken Tenders (3) w/ WG Bread

Menu subject to change. This institution is an equal opportunity provider.

### FRUIT/VEGGIE BAR

### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

#### QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



## **OCT 6-10 Holland High**

BREAKFAST Daily from 7:15-7:45 AM						
Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F.						
<b>Daily Options</b>	Monday	Tuesday	Wednesday	Thursday	Friday	
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Early Riser - Stuffed Hash Browns w/ Egg & Cheese, WG Toast	WG Glazed Donut	Dutch Breakfast Crunch Wrap	WG Cinnamon Rolls, Scrambled Eggs & Diced Ham	WG Breakfast Pizza	

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	Wood Grill Crust Pepperoni or Cheese Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	Sausage Personal Pizza	Mac & Cheese Bar w/ Pulled Pork OR Chix Fajita, Green Onion, Bacon Bits, WG Twist Breadstick, Italian Broccolini	Beef Taco Stick
TUESDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Slow Roasted Pulled Pork on Bun or Pulled Chicken, Green Beans, Seasoned Baby Carrots	Chicken Boom Boom Sandwich
THURSDAY WEDNESDAY TUESDAY	Supreme Personal Pizza	Beef & Asparagus Rice Bowl, Vegetable Egg Roll, Midori Vegetable Blend	WG Chicken Quesadillas
THURSDAY	Pepperoni Pizza Roll-ups w/ Marinara Sauce	Meatloaf, Scalloped Potatoes, BBQ Green Beans, Glazed Rainbow Carrots, WG Breadstick	Monte Cristo Biscuit Sandwich
FRIDAY	Meat Lovers Personal Pizza	Taco Salad w/ Fritos, Taco Meat or Chicken Fajita, Lettuce & Tomato, Guacamole, Jalapeno Slices & Sour Cream, Roasted Corn & Black Beans	WG Chicken Nuggets (5) w/ WG Garlic Breadstick

Menu subject to change. This institution is an equal opportunity provider.

#### FRUIT/VEGGIE BAR

#### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

## **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



## **OCT 13-17 Holland High**

BREAKFAST Daily from 7:15-7:45 AM						
Breakfast incl	Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F.					
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday	
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Egg & Cheese	WG Sausage & Gravy Breakfast Pizza	Sausage Breakfast Bites (2)	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich	



	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	Wood Grill Crust Pepperoni or Cheese Pizza	JOIN US DAILY FOR A WORLD CUISINE TOUR	HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	Dutch dog (oven roasted brat wrapped in WG Piza dough)	A Salute to American Cuisine - All American Cheeseburger, Toppings, Oven Baked Fries, Apple Cobbler	WG Appetizer Plate w/ dipping sauce
TUESDAY	Italian Style Stromboli	A Salute to Asian Cuisine - Japanese Cherry Blossom Chicken, WG Vegetable Egg Roll, Fried Rice, Oriental Vegetables, WG Fortune Cookie	Ham & Cheese Slider
WEDNESDAY	Sausage Personal Pizza	A Salute to Central American Cuisine - Bean & Cheese Pupusas, Curtido (Cabbage Slaw), Salsa Roja, Rice Pudding with Fruit	WG Been & Bean Burrito
THURSDAY	ltalian Style Stromboli	A Salute to Italian Cuisine - Spaghetti & Meatballs, Garlic Bread, Italian Roasted Vegetables	WG Chicken Nuggets (5) w/ Garlic Parmesan Twist Breadstick
FRIDAY	Spicy Chicken Bacon Ranch Personal Pizza	A Salute to Mexian Cuisine - Loaded Chicken Fajita Rice Bowl, Fiesta Beans, Tajin Fruit Salad	WG Bosco Sticks

Menu subject to change. This institution is an equal opportunity provider.

### FRUIT/VEGGIE BAR

#### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

#### QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **OCT 20-24 Holland High**

BREAKFAST Daily from 7:15-7:45 AM							
Breakfast inc	Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F.						
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday		
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	Early Riser - Stuffed Hash Browns w/ Egg & Cheese, WG Toast	WG Glazed Donut	Dutch Breakfast Crunch Wrap	WG Cinnamon Rolls, Scrambled Eggs & Diced Ham	No School		

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	Wood Grill Crust Pepperoni or Cheese Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	Supreme Personal Pizza	WG Pork Patty or WG Homestyle Chicken Breast, Mashed Potatoes w/ Gravy, Seasoned Green Beans, Corn on the Cob	WG Beef Taco Stick (1)
TUESDAY	Pepperoni Pizza Roll-up w/ Marinara Sauce	General Tso Chicken w/ Vegetable Fried Rice, Sesame Roasted Broccoli, Vegetable Egg Roll, Fortune Cookie	Hot Honey Chicken Cheddar Sandwich on Croissant
THURSDAY WEDNESDAY	Italian Style Stromboli	Kentucky BBQ or Maple Bacon Ribs, American Potato Salad, WG Honey Corn Bread, Seasoned Pinto Beans	WG Chicken Quesadilla
		1/2 Day - No Lunch	
FRIDAY		No School	

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#### FRUIT/VEGGIE BAR

## **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **OCT 27-31 Holland High**

BREAKFAST Daily from 7:15-7:45 AM						
Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F.						
<b>Daily Options</b>	Monday	Tuesday	Wednesday	Thursday	Friday	
Assorted Cereal Bowls, Fruit Parfaits, & Fruit	No School	WG Sausage & Gravy Breakfast Pizza	Sausage Breakfast Bites (2)	WG Pancake Breakfast Sandwich	WG Sausage Egg & Cheese Sandwich	

	ITALIAN TABLE	WORLD FLAIR	GRILL HOUSE
DAILY	Wood Grill Crust Pepperoni or Cheese Pizza		HALAL OPTION DAILY. Chicken Patty Regular or Spicy, Home-style Cheeseburger Daily
MONDAY	Sausage Personal Pizza	Cheesy Lasagna w/ Meat Sauce or Cheesy Tortellini w/ Alfredo Sauce, Steamed Mixed Vegetables, Seasoned Green Beans, WWTwist Breadstick	WG Appetizer Plate w/ Dipping Sauce
TUESDAY	ltalian Style Stromboli	WG Popcorn Chicken in Waffle Cone w/ Dipping Sauce (Sweet & Sour, Honey Mustard, Ranch, BBQ), Waffle Fries, Glazed Baby Carrots	WG Fish Fillet w/ Cheese
THURSDAY WEDNESDAY	Dutch Dog (Oven Roasted Brat wrapped in WG Pizza Dough)	Tater Tot Bowl w/ BBQ Pork or Sloppy Joes, Cheese Sauce, Frito Corn Chips, Taco Fiesta Beans, Green Onion & Sour Cream	Bosco Cheese Breadstick w/ Marinara Sauce
THURSDAY	ltalian Style Stromboli	Oven Roasted Chicken w/ Dutch Waffle, Fresh Strawberries or Melon, Steamed Broccoli	Savory Popcorn Chicken Bowl
FRIDAY	Fresh Veggie Personal Pizza	Walking Taco - Taco Meat or Chicken Fajita, Doritos, Lettuce, Tomato, Onion, Guacamole, Pico de Galo, Seasoned Refried Beans	WG Chicken Tenders (3) w/ WG Bread

Menu subject to change. This institution is an equal opportunity provider.

### FRUIT/VEGGIE BAR

#### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

#### QUICK STOP Grab -n- Go Meals

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola