

# **NOV 3-7 Holland High**

| BREAKFAST Daily from 7:15-7:45 AM                       |   |                    |                                   |   |                       |  |
|---|---|--------------------|-----------------------------------|---|-----------------------|--|
| Breakfast i   | Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F. |                    |                                   |   |                       |  |
| <b>Daily Options</b>                                    | Daily Options Monday Tuesday Wednesday Thursday Friday                                      |                    |                                   |   |                       |  |
| Assorted<br>Cereal Bowls,<br>Fruit Parfaits,<br>& Fruit | Early Riser -<br>Stuffed Hash<br>Browns w/ Egg<br>& Cheese, WG<br>Toast                     | WG Glazed<br>Donut | Dutch<br>Breakfast<br>Crunch Wrap | WG Cinnamon<br>Rolls,<br>Scrambled<br>Eggs & Diced<br>Ham | WG Breakfast<br>Pizza |  |

|                   | ITALIAN TABLE                                 | WORLD FLAIR   | GRILL HOUSE   |  |
|-------------------|---|---|---|--|
| DAILY             | Wood Grill Crust Pepperoni or<br>Cheese Pizza |   | HALAL OPTION DAILY.<br>Chicken Patty Regular or Spicy,<br>Home-style Cheeseburger Daily |  |
| MONDAY            | Sausage Personal Pizza                        | Mac & Cheese Bar w/ Pulled<br>Pork OR Chix Fajita, Green<br>Onion, Bacon Bits, WG Twist<br>Breadstick, Italian Broccolini         | Beef Taco Stick   |  |
| TUESDAY           | Pepperoni Pizza Roll-ups w/<br>Marinara Sauce | Slow Roasted Pulled Pork on<br>Bun or Pulled Chicken, Green<br>Beans, Seasoned Baby Carrots                                       | Chicken Boom Boom Sandwich  |  |
| WEDNESDAY TUESDAY | Supreme Personal Pizza                        | Burger Bar - Hamburger on<br>WG Bun, Toppings: Sliced<br>Cheese, Tomato, Lettuce,<br>Onion, Olives, Jalapeno, Oven<br>Baked Fries | WG Chicken Quesadillas  |  |
| THURSDAY          | Pepperoni Pizza Roll-ups w/<br>Marinara Sauce | Meatloaf, Scalloped Potatoes,<br>BBQ Green Beans, Glazed<br>Rainbow Carrots, WG<br>Breadstick                                     | Monte Cristo Biscuit Sandwich   |  |
| FRIDAY            |   | 1/2 Day - No Lunch  |   |  |

Menu subject to change. This institution is an equal opportunity provider.

#### FRUIT/VEGGIE BAR

### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

## **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



## **NOV 10-14 Holland High**

| BREAKFAST Daily from 7:15-7:45 AM                       |   |  |           |                                     |  |  |
|---|---|--|-----------|-------------------------------------|--|--|
| Breakfast i   | Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F. |  |           |                                     |  |  |
| <b>Daily Options</b>                                    | Monday  | Tuesday                                  | Wednesday | Thursday                            | Friday                                 |  |
| Assorted<br>Cereal Bowls,<br>Fruit Parfaits,<br>& Fruit | WG Sausage,<br>Egg & Cheese<br>Breakfast Bites<br>(2)                                       | WG Sausage &<br>Gravy<br>Breakfast Pizza |           | WG Pancake<br>Breakfast<br>Sandwich | WG Sausage<br>Egg & Cheese<br>Sandwich |  |

|           | ITALIAN TABLE WORLD FLAIR                                 |   | GRILL HOUSE   |
|-----------|---|---|---|
| DAILY     | Wood Grill Crust Pepperoni or<br>Cheese Pizza             |   | HALAL OPTION DAILY.<br>Chicken Patty Regular or Spicy,<br>Home-style Cheeseburger Daily |
| MONDAY    | Dutch dog (oven roasted brat<br>wrapped in WG Piza dough) | Baked Potato Bar - White or<br>Sweet Potato, Cheese Sauce,<br>Sour cream, Green Onion,<br>Broccoli, Corn & Black Beans,<br>Chili, WG Twisted Breadstick | WG Appetizer Plate w/ dipping sauce   |
| TUESDAY   | Italian Style Stromboli                                   | Biscuits & Gravy w/ Oven<br>Baked Hashbrowns or<br>Scrambled Egg Casserole w/<br>WG Biscuit & Hash Brown,<br>Warm Cinnamon Apples                       | Ham & Cheese Slider   |
| WEDNESDAY | Sausage Personal Pizza                                    | Meatballs & Mashed Pottaoes,<br>Cheesy Breadstick, Parmesan<br>Asparagus, Vegetable Blend   | WG Been & Bean Burrito  |
| THURSDAY  | Italian Style Stromboli                                   | Oven Roasted Chicken Wings<br>(4) w/ Gochujang Sauce, Waffle<br>Fries, WG Biscuit, Homestyle<br>Baked Beans & Balsamic<br>Roasted Vegetables            | WG Chicken Nuggets (5) w/<br>Garlic Parmesan Twist<br>Breadstick                        |
| FRIDAY    | Spicy Chicken Bacon Ranch<br>Personal Pizza               | Walking Taco - Taco Meat or<br>Chicken Fajita, RF Doritos,<br>Lettuce, Tomato, Onion,<br>Guacamole, Pico de Galo,<br>Seasoned Refried Beans             | WG Bosco Sticks   |

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#### FRUIT/VEGGIE BAR

### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **NOV 17-21 Holland High**

| BREAKFAST Daily from 7:15-7:45 AM                       |   |                    |                                   |   |                       |
|---|---|--------------------|-----------------------------------|---|-----------------------|
| Breakfast i   | ncludes assorted  | l fruit & choice o | f milk daily. 100%                | 6 fruit juice avail                                       | able M/W/F.           |
| Daily Options   | Monday  | Tuesday            | Wednesday                         | Thursday  | Friday                |
| Assorted<br>Cereal Bowls,<br>Fruit Parfaits,<br>& Fruit | Early Riser -<br>Stuffed Hash<br>Browns w/ Egg<br>& Cheese, WG<br>Toast | WG Glazed<br>Donut | Dutch<br>Breakfast<br>Crunch Wrap | WG Cinnamon<br>Rolls,<br>Scrambled<br>Eggs & Diced<br>Ham | WG Breakfast<br>Pizza |

|                    | ITALIAN TABLE WORLD FLAIR                     |   | GRILL HOUSE   |
|--------------------|---|---|---|
| DAILY              | Wood Grill Crust Pepperoni or<br>Cheese Pizza |   | HALAL OPTION DAILY.<br>Chicken Patty Regular or Spicy,<br>Home-style Cheeseburger Daily |
| MONDAY             | Supreme Personal Pizza                        | WG Pork Patty or WG<br>Homestyle Chicken Breast,<br>Mashed Potatoes w/ Gravy,<br>Seasoned Green Beans, Corn<br>on the Cob | WG Beef Taco Stick (1)  |
| TUESDAY            | Pepperoni Pizza Roll-up w/<br>Marinara Sauce  | General Tso Chicken w/<br>Vegetable Fried Rice, Sesame<br>Roasted Broccoli, Vegetable<br>Egg Roll, Fortune Cookie         | Hot Honey Chicken Cheddar<br>Sandwich on Croissant                                      |
| THURSDAY WEDNESDAY | Italian Style Stromboli                       | Kentucky BBQ or Maple Bacon<br>Ribs, American Potato Salad,<br>WG Honey Corn Bread,<br>Seasoned Pinto Beans               | WG Chicken Quesadilla   |
| THURSDAY           | Pepperoni Pizza Roll-up w/<br>Marinara Sauce  | Grilled Cheese Sandwich on<br>WG Bread, Chicken Enchilada<br>Soup, Seasoned Curly Fries                                   | Monte Cristo Sliders  |
| FRIDAY             | Meat Lovers Personal Pizza                    | Taco Bowl - Taco Meat or<br>Chicken Fajita, Cilantro Rice,<br>Black Beans & Corn Salsa, Pico,<br>Cheese, Sour Cream       | WG Chicken Nuggets (5) w/ WG<br>Garlic Breadstick                                       |

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### FRUIT/VEGGIE BAR

#### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola



# **NOV 24-28 Holland High**

| BREAKFAST Daily from 7:15-7:45 AM                       |   |  |           |           |           |
|---|---|--|-----------|-----------|-----------|
| Breakfast i   | Breakfast includes assorted fruit & choice of milk daily. 100% fruit juice available M/W/F. |  |           |           |           |
| Daily Options   | Monday  | Tuesday                                  | Wednesday | Thursday  | Friday    |
| Assorted<br>Cereal Bowls,<br>Fruit Parfaits,<br>& Fruit | WG Sausage,<br>Egg & Cheese<br>Breakfast Bites<br>(2)                                       | WG Sausage &<br>Gravy<br>Breakfast Pizza | No School | No School | No School |

|                           | ITALIAN TABLE                                 | WORLD FLAIR  | GRILL HOUSE   |
|---------------------------|---|--|---|
| DAILY                     | Wood Grill Crust Pepperoni or<br>Cheese Pizza |  | HALAL OPTION DAILY.<br>Chicken Patty Regular or Spicy,<br>Home-style Cheeseburger Daily |
| MONDAY                    | Sausage Personal Pizza                        | Cheesy Lasagna w/ Meat Sauce<br>or Cheesy Tortellini w/ Alfredo<br>Sauce, Steamed Mixed<br>Vegetables, Seasoned Green<br>Beans, WWTwist Breadstick | WG Appetizer Plate w/ Dipping<br>Sauce  |
| TUESDAY                   | Italian Style Stromboli                       | WG Popcorn Chicken in Waffle<br>Cone w/ Dipping Sauce (Sweet<br>& Sour, Honey Mustard, Ranch,<br>BBQ), Waffle Fries, Glazed Baby<br>Carrots        | WG Fish Fillet w/ Cheese  |
| FRIDAY THURSDAY WEDNESDAY |   | No School  |   |
| THURSDAY                  | No HAP  | Py THANKSGIVING **  **  **  **  **  **  **  **  **  **   | School  |
| FRIDAY                    |   | No School  |   |

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### FRUIT/VEGGIE BAR

### **Various Options Daily:**

Side Salad, Apples, Applesauce, Oranges, Pears, Plums, Grapes Broccoli, Celery, Tomatoes, Baby Carrots, Cauliflower, Cucumber & More!

Produce may vary based on availabilty!

### **QUICK STOP Grab -n- Go Meals**

Roasted Red Pepper or Original Hummus Plate w/ Veggies & Fruit

**M/W/F** = Chef Salad w/ Diced Ham & WG Croutons **T/Th** = Tossed Salad w/ WG Flatbread

All American Sub Box or Chicken Caesar Wrap Box

Fruit & Yogurt Parfait w/ Granola